

Canberra Two Day Walk Inc.

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Lake Ginninderra Year Round IVV Walk (2 Route Options – 8 km & 10 km)

This walk has been established by the Canberra Two Day Walk (CTDW) Association and is sanctioned by the IVV (International Federation of Popular Sport) as being eligible for credit towards IVV achievement awards. If doing the walk unguided, and you wish to obtain the IVV stamp for your record book, please send the required fees and the answers to the questions to CTDW, together with the walker's IVV record book(s) and a stamped, self-addressed envelope. The books will then be stamped and returned by mail. If a number of such "postal arrangement" walks are proposed to be carried out, then the IVV record books, answers, fees etc, need only be sent after all the walks have been completed. Alternatively you can get the stamps from the IVV stand when attending the Canberra International Walking Weekend, or at one of the monthly IVV/Lions Group Walks – see the website for all the details of these walks.

The walk has 8 km and 10 km route options, but is only **one IVV year round walk**. For IVV **event** credit, only one of the walks can be done every six months (Jan – Jun and Jul – Dec). For **distance** credit, you can walk either route as many times as you wish.

Once you have completed this walk, plus the Lake Burley Griffin and Lake Tuggeranong Walks, you qualify for an IVV "Lakes of Canberra" patch. The patch is free if you have purchased the "Lakes of Canberra Passport" (\$10).

The walks may be walked in either direction and can start from any point along the lake. The following route descriptions are for walking the route clock-wise starting at the end of **Townsend Place**, John Knight Memorial Park (Yellow Pages Map 38 B14).

Please note that you participate entirely at your own risk.

Route Description

1. Start at the roundabout at the end of Townsend Place and take the ramp to the left of the steps onto the bitumen path towards the BBQ area and lake. Turn L (lake is on your right).
2. Turn immediately L again at the fork (a picnic shelter is now on your right). Follow this path parallel to Townsend Place and away from the main lake (ornamental ponds on right), ignoring side paths.
3. Cross a small bridge by waterfall (on left).
QUESTION: How many upright posts on the bridge structure?
4. Just after the bridge turn sharply L onto the boardwalk through the reeds.
Follow the paved path at the end of the boardwalk (with narrow stream on your right), which eventually crosses the stream (one large stepping stone).
At the end of the paved path turn R at T junction.
5. Follow path back towards lake, ignoring left branches, past playgrounds and **toilets** until it meets the main lake trail (near a small jetty).
Turn L and continue on this path until you reach the long wooden footbridge across the end of the lake (approx 1 km mark).
6. Cross bridge and continue to the R along the lake edge.

7. Continue along the lake (past the only shops on the route) and then alongside a road (Emu Bank) passing the Belconnen Arts Centre (on your right) and traffic lights on your left. Turn R at Beissel Street (approx 2 km mark).
8. Carefully cross Evelyn Parker Place (at Scout Hall), and continue approx 75 m, then turn R at fork back towards lake.
9. Continue on this path for some distance – **toilets** on left at approx 3 km mark. Path later joins Ginninderra Drive (approx 4 km mark).
10. After crossing dam wall turn R at the V in path.
QUESTION: What is the number of the bridge at the end of the dam wall?
Toilets again on left at approx 5 km mark and again at 6.5 km.

At the bridge (6.5 km) you need to choose either the 8 km or 10 km route option.

11. **If you are walking the 10 km route option**, continue under the bridge and stay on the path for 1 km – at this point the path goes up a small incline and there is a bend in the path to the left, with a railing on the right of the path. At the end of the railing you will see the IVV logo painted on the left side of the **path**.
QUESTION: What colour is the IVV logo painted?
12. This is the turnaround point for the walk – return on the same path and go back under the bridge. Continue as per the description at 13b below.
13. **a. If you are walking the 8 km route**, take the left branch in the path before you get to the bridge (not the steps). This path loops up to the bridge. Turn R and cross bridge (approx 7 km).

b. For those continuing after the 10 km detour, take the R branch after passing under the bridge. This path loops up to the bridge. Turn R and cross bridge (approx 9 km).
14. Continue on path which cuts back down to the lakeside until you reach the start/finish at the BBQs in John Knight Memorial Park.

The walk you have just completed is just short of 8 or 10 km, so if it is a nice day, we suggest you continue past the finish point and turn R across the arch bridge onto a small island. This is a pleasant spot to sit and cool off from your walk.

Congratulations on finishing your walk. We trust you enjoyed it, and will tell others about it.

**Also note our main event of the year,
the Canberra International Walking Weekend,
on either the last weekend in March or the first weekend of April each year.**

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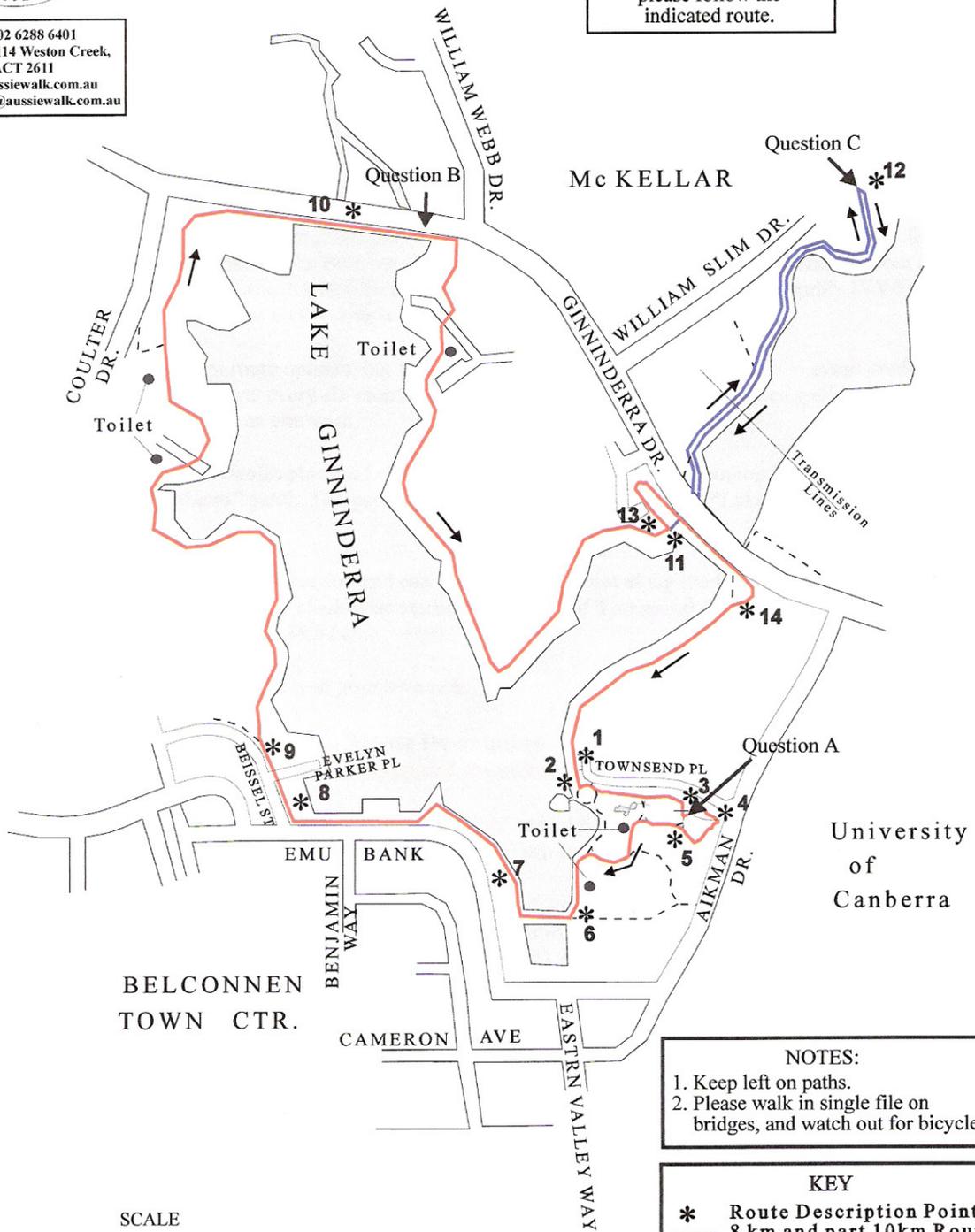


LAKE GINNINDERRA YEAR ROUND IVV WALK

(8 km and 10 km options)

!! IMPORTANT !!
For your safety and comfort
please follow the
indicated route.

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NOTES:
1. Keep left on paths.
2. Please walk in single file on bridges, and watch out for bicycles.

KEY
* Route Description Point
— 8 km and part 10km Route
— Additional section for 10 km Route option