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## Canberra Two Day Walk Inc.

PO Box 3114, Weston Creek, ACT, 2611, AUSTRALIA.

telephone/fax: (61) 2-62886401

email: [aussiewalk@aussiewalk.com.au](mailto:aussiewalk@aussiewalk.com.au)

[www.aussiewalk.com.au](http://www.aussiewalk.com.au)

(ABN No. 47 366 712 201)

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### Lake Tuggeranong Year Round IVV Walk (2 Route Options – 7 km & 10 km)

This walk has been established by the Canberra Two Day Walk (CTDW) Association and is sanctioned by the IVV (International Federation of Popular Sport) as being eligible for credit towards IVV achievement awards. If doing the walk unguided, and you wish to obtain the IVV stamp for your record book, please send the required fees and the answers to the questions to CTDW, together with the walker's IVV record book(s) and a stamped, self-addressed envelope. The books will then be stamped and returned by mail. If a number of such "postal arrangement" walks are proposed to be carried out, then the IVV record books, answers, fees etc, need only be sent after all the walks have been completed. Alternatively you can get the stamps from the IVV stand when attending the Canberra International Walking Weekend, or at one of the monthly IVV/Lions Group Walks – see the website for all the details of these walks.

The walk has 7 km and 10 km route options, but is only **one IVV year round walk**. For **IVV event** credit, only one of the walks can be done every six months (Jan – Jun and Jul – Dec). For **distance** credit, you can walk either route as many times as you wish.

Once you have completed this walk, plus the Lake Burley Griffin and Lake Ginninderra Walks, you qualify for an IVV "Lakes of Canberra" patch. The patch is free if you have purchased the "Lakes of Canberra Passport" (\$10).

The walks may be walked in either direction and can start from any point along the lake. The following route descriptions are for walking the route anti-clockwise starting at the car park opposite the library on **Cowlishaw Street** (Yellow Pages Map 97 M13). Generally you should keep the water on your left and remain on the main path circling the lake, ignoring any access paths that detour to the right.

**Note:** this car park is pay parking Mon – Fri 8:30 – 5:30 (public holidays excepted).

Free parking is available at all times off Mortimer Lewis Drive on the other side of the lake, starting near the Sea Scouts at point 11 in the description below. This is also a better starting point for wheelchairs or strollers to avoid steps on the 8 km route. The 10 km route is not suitable for wheelchairs.

Please note that you participate entirely at your own risk.

### Route Description

1. From the car park turn R onto Cowlishaw St & cross the road at the zebra pedestrian crossing. Go down 2 short flights of steps until you reach the paved lake foreshore.
2. At the lake's edge turn R and continue along the paved path with the lake on your left (McDonald's is on your right - **toilets**).
3. Shortly after the paving ends you pass under Soward Way. Then after the path turns to bitumen the path has a fork, with a footbridge off to the left.

**At this point you need to choose either the 7 km or 10 km route option:**

**If you are walking the 7 km route option** – turn L and cross the bridge, then L again to meet up with the 10 km route just after point 9 below.

**If you are walking the 10 km route option** – do not turn, go straight ahead.

4. The path continues for some distance with Bunnings on the right until you reach Athllon Drive (**DO NOT** pass under the road). When the path changes from bitumen to concrete veer to the left up the curb and onto a grassy embankment.  
**QUESTION A:** At the top of the embankment there is a warning sign - what is the warning? (tip - it has nothing to do with water safety).....
5. Continue to the L along the side of the road with the water on your left and the road on you right. At the “part time signals” you rejoin a concrete & bitumen path until you reach Drakeford Drive.
6. Cross Drakeford Drive with caution (can be busy at certain times of the day) and turn R to follow the side of Isabella Drive with Isabella Pond on your left until you reach a gravel driveway.
7. Turn L down the gravel path, go around the gate and veer R to cut across & rejoin the formed path. Turn L and cross the footbridge, then immediately L again. The path follows beside Isabella Pond.
8. After some distance the path then turns to the right away from the pond and you now have Drakeford Drive on your left.
9. The path eventually goes under Drakeford Drive and rejoins the path around Lake Tuggeranong. Turn right to follow the path along the lake (7 km walkers rejoin the route at this point). Continue under Soward Way with lake on your left.
10. After passing the off leash dog enclosure on your right, you will come to a number of totem poles on your left  
**QUESTION B:** How many poles & name one of the animals on the 2 poles closest to the path?  
.....
11. You then pass the Lake Tuggeranong Sea Scouts with a **toilet** located close by. (**Suggested alternative parking location**)
12. Continue along the main path until you get to the top of the lake. Keep L to cross a small footbridge to continue around the lake.
13. Pass the skate park on left then a **toilet** on right.
14. Continue along the path until you reach the Lake Tuggeranong Rowing Club ramp on left, just before The Jetty Café (upstairs). Head back up the steps, cross the zebra pedestrian crossing and return to your starting point.

Congratulations on finishing your walk. We trust you enjoyed it, and will tell others about it.

**Also note our main event of the year,  
the Canberra International Walking Weekend,  
on either the last weekend in March or the first weekend of April each year.**

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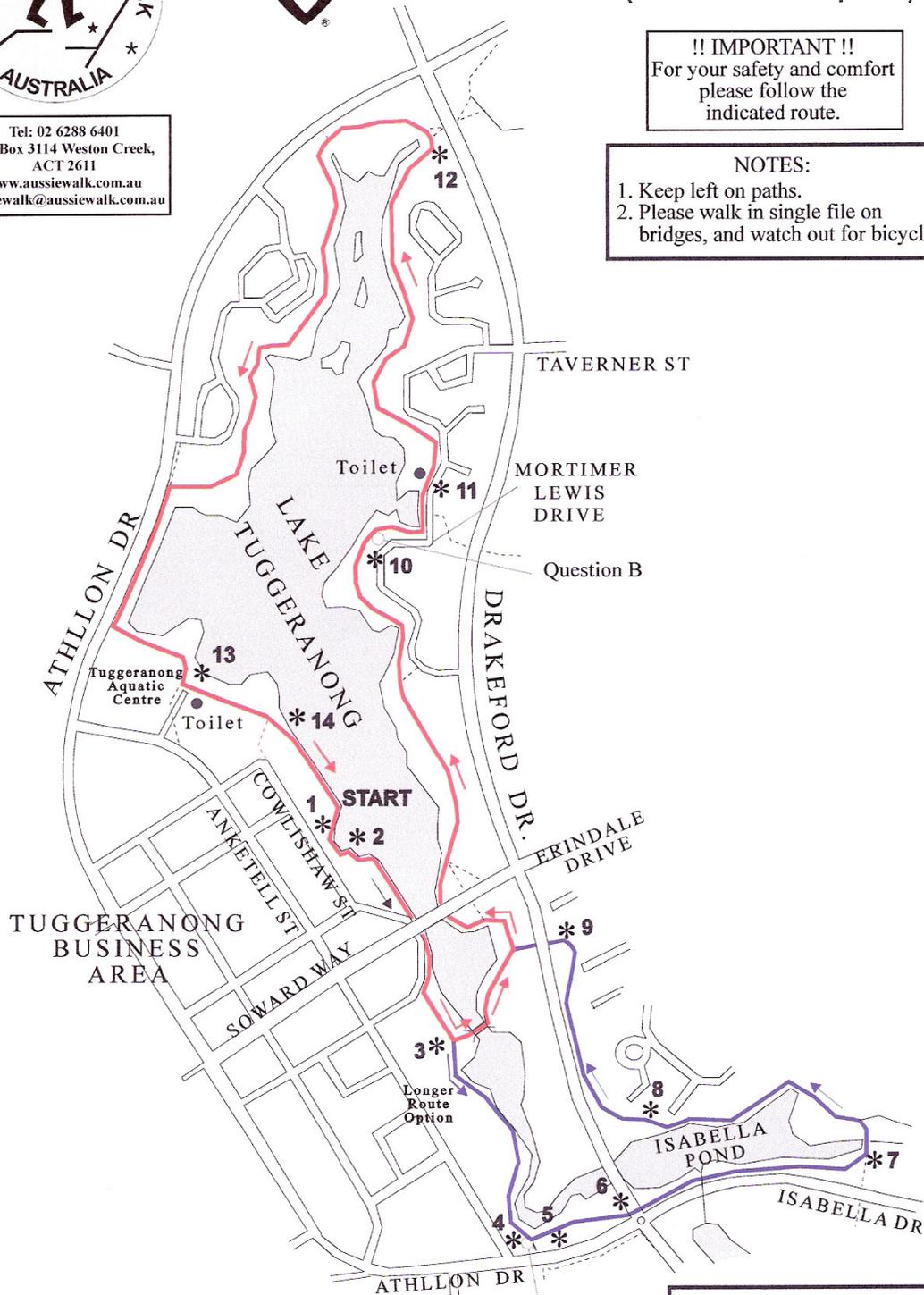
# LAKE TUGGERANONG YEAR ROUND IVV WALK

(7 km and 10 km options)

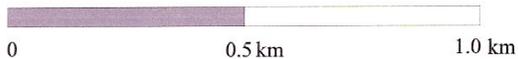
Tel: 02 6288 6401  
PO Box 3114 Weston Creek,  
ACT 2611  
www.aussiewalk.com.au  
aussiewalk@aussiewalk.com.au

**!! IMPORTANT !!**  
For your safety and comfort  
please follow the  
indicated route.

**NOTES:**  
1. Keep left on paths.  
2. Please walk in single file on  
bridges, and watch out for bicycles.



SCALE



**KEY**  
\* Route Description Point  
— Shorter 7 km route  
— Extra section for the longer 10km Route.