

Bondi to Coogee (7km), Maroubra (11km) and Malabar (18km) coastal walk (rated 2B)

- see <http://www.bonditocoogeewalk.com.au/> for up to date information, including any closures or detours

(information, directions and the map have been sourced from this website)

- see <http://www.transportnsw.info/> for information on public transport options, particularly if walking one way only.

There is easy bus transport from the city, Coogee Beach or Maroubra Beach to Bondi Junction (change buses to get to Bondi Beach). There is 4 hour free parking at Maroubra Beach, across from the Bus Terminus (and untimed free parking at South Maroubra SLSC).

A cliff top coastal walk, featuring stunning views, beaches, parks, cliffs, bays and rock pools. This is a medium grade urban walk but there are some steep gradient paths and several staircases along the track. There are many rest stops with great views and seating along the walk. It takes about 2.5 hours to complete the Bondi to Coogee Beach section of the walk and another 1.5 hours if you choose to continue to Maroubra, or 3.5 hours with the Malabar loop. Allow at least 6 hours plus rest/lunch stops for the entire walk.

This walk can be undertaken in either direction, walking one way or return. You may start and finish at any point along the trail, but a minimum of 5km must be walked to claim IVV credit. Please note that you participate entirely at your own risk.

Although an urban walk the Bondi to Coogee walk is open to the elements, please make sure you wear comfortable shoes, bring a hat, sunglasses, sun screen, water and in colder weather wear appropriate clothing. The final Malabar loop is mostly a remote bushwalk.

Please note:

By downloading this document you acknowledge that you participate entirely at your own risk. Where possible, road crossings are at designated pedestrian crossing or traffic lights. At times parts of routes will be closed for maintenance and other reasons. Detours may or may not be offered. Walkers are advised to exercise caution and commonsense when participating in any walking activity. Motor vehicles, cyclists, other pedestrians, wildlife, weather conditions and uneven surfaces may all present risks to walkers, and care needs to be exercised at all times. The trails may include terrain which may be unsuitable or dangerous for certain persons. Before undertaking any walk, you are responsible for first satisfying yourself as to the suitability of the walk.

If using an accompanying GPX file, note that the data is derived from a hand-held GPS unit and is therefore NOT accurate enough for navigation, but will provide assistance to walkers to choose the correct path.

Questions:

1. What were your start and finish locations (and turn around location if appropriate)?
2. What was the total distance you walked (if known – otherwise nominal distances will be used)?
3. Provide the name of a sculpture/artwork you discovered at each of the beaches you pass along the way.

Bondi to Coogee

Distance: 7km Time: 2.5hrs Difficulty: Medium.

Some steep steps and stairs.

Start at the northern end of Bondi Beach and walk along the paved beach promenade towards Icebergs pool. Follow the coast past Tamarama Beach (host of the annual Sculpture by the Sea), Bronte Beach and Clovelly Beach. Note that the path beyond the Bronte rock pool does not link up with the Bondi to Coogee walk, you need to climb up the steps and footpath to the parking area across the road from the Bronte Road cafe strip. Turn left, follow the Bondi to Coogee walk up through a steep cutting until you reach Calga reserve. At the Waverley Cemetery there are temporary detours in place, which are easy to follow. Once you get to Gordon's Bay there is a very steep staircase and timber walkway. Walk along the footpath past the Dolphin's point memorial to Coogee Beach. Continue along the promenade towards Coogee SLSC at the southern end of the beach.

Bus stops on Arden Street near Crowne Plaza hotel.

Optional Extensions:

Coogee to Maroubra

Distance: 4km Time: 1.5hrs Difficulty: Easy

Sealed pavement and boardwalks.

An elevated timber boardwalk winds through the regenerated Lurline bay wetlands which leads to a footpath at South Coogee.

The coastal walk is interrupted at the end of Bunya Parade: walk through a narrow passage between two houses and then R on Cuzco St, L on Malabar Rd, L on Mermaid St to end then L on Lurline St for a short distance then a narrow path between houses at the corner of Waterside Ave, which takes you to Marine Parade. Coastal walking trail continues, past Mahon rock pool on top of sheer cliffs to Maroubra Beach.

Maroubra Bus Terminus across beach car park, corner of Marine Pde and Mons Ave.

Maroubra to Malabar loop (remote section with some rough terrain - use caution - note that this section of the trail may be closed if the nearby rifle range is in use)

Distance: 7km Time: 2hrs Difficulty: Medium

Some steps, mostly bush walk. The trail is currently being upgraded.

Continue to the southern end of Maroubra beach onto the boardwalk just past the skate park (on your right). At end of boardwalk turn right on wide concrete path, through South Maroubra SLSC car park. Continue on dirt road and follow fenceline to the Malabar Headland National Park walk entrance. Continue on marked trail to Fisherman's Rd car park. At end of road turn right into Dacre St, then right on Franklin St. Left on concrete path at end of playing fields, then right through gate to boardwalk trail and return to Maroubra.

